



The Interdisciplinary Team Meeting


How to use it for effective
supervision and reintegration



Interdisciplinary Team Definition:

An IDT shall be comprised of at least the following individuals:

1. the offender
2. the offender's supervising officer
3. the CM
4. the Program Director and/or designee
5. psychiatrist or nurse when medical staff is available



Basic Interdisciplinary Team Requirements:

The IDT shall:

1. Provide input on and develop the initial Treatment/Service Plan within thirty (30) days of the offender's admission
2. Review and/or modify the Treatment/Service Plan every ninety (90) days, or more frequently as indicated by the offender's need



BIG PICTURE!

**What is it that we are
really doing here?**




Here Comes the Bride!

TCOOMMI is a joining of Probation and the Mental Health Authority to create an entirely new program:

The Special Needs Caseload

...a marriage between elements of two separate “families” to create an integrated program “family”!



Micro-picture:

The Interdisciplinary Team Meeting is a deliberate and intentional effort to keep that integrated program family healthy.



Benefits:

- Meets TCOOMMI requirements
- Provides a scheduled forum for communication
- Discourages triangulation by the offender
- Recognizes offender accomplishments and progress
- Provides a clear path of “where all this is going” for the offender with specific goals and a plan of action



Benefits Continued...

- Empowers the offender to take responsibility for their own treatment and probation




The IDT



Offenders in General

...are all completely different.



Possible Factors in an Offender's Uniqueness:

- Drug Use
- Mental Illness vs. Criminality
- Reintegration vs. Integration
- Rehabilitation vs. Habilitation



The Offender's Role in the IDT Meeting:

- Give an account of what they have done to pay the “rent-to-own bill” on their freedom
- Be informed as to what options are available to them for treatment
- Communicate desires and concerns
- Set attainable goals and specific objectives



Psychiatrists and NPs in General

- Are overworked
- May be fearful of our clients
- May require training
- May not show up to an IDT meeting
- May need the IDT meeting to show up to them and...
- May not be comfortable with an IDT meeting showing up to them



The Psychiatrist's/NP's Role in the IDT Meeting:

- Communicate progress
- Communicate concerns
- Understand probation conditions
- Understand offender's needs and desires



MHMR in General:

- Are overworked
- May be uncomfortable with the invasiveness of probation
- May have a lack of understanding of the TCOOMMI process in general
- May be fearful of our clients



Program Directors in General

- Are overworked
- May be very hands on or disconnected from the case load
- May or may not be able to or want to attend the IDT meeting
- Can assign a designee to attend in their absence




TCOOMMI Case Managers in General:

- Are overworked
- May be the Program Director's *designee* at the IDT meeting
- Know what is going on with the clients
- Must believe in and trust the TCOOMMI process
- Must be able to work as a team with the Special Needs Probation Officer



The Case Manager's Role in the IDT Meeting:

- Facilitate?
- Create the treatment plan/case plan
- Update the RDM
- Update the treatment plan/case plan
- Encourage the client to take responsibility for their own treatment and probation
- Complete and track all paperwork and have everyone in attendance sign off



Standard Treatment Plans are...
well... standard...

TRY CASE PLANS

- that can be individualized for each client
- that are user friendly
- that incorporate cognitive goals, mental health goals, probation goals etc.
- that could maybe be adapted from the JJ case plans??



Probation in General

- Is overworked
- Is under-funded
- Is under-appreciated
- Feels disconnected from the rest of the justice system including law enforcement and the court system
- Has a variety of valuable programs
- Has tremendous power potential
- Is a beautiful thing!



The Special Needs Probation Officer's Role in the IDT meeting:

- Facilitate?
- Enforce the rules and regulations of probation
- Ensure that the probationer is compliant with the Mental Health Authority
- Communicate expectations clearly
- Listen to other IDT group members



CONFLICT!

**Why can't we just
all get along??!!**



What to do when there is conflict

- Be professional
- Be objective
- Do not argue in front of a client
- Do not allow a client to divide and conquer
- Remember that in general we all have the same goals for the probationer: successful completion of probation, treatment



We all want the same things!

TCOOMMI, the mental health authority, law enforcement, probation, defense attorneys, the district attorney's office, the court system, the correctional system and the entire justice system in general all really have the same goals:



Common Goals

- Justice
- Reduction in wasteful spending
- Public Safety
- Treatment

*common goals exercise



Utilization of the Interdisciplinary Team Meeting

- Be flexible!
- Be creative!
- Tailor your IDT meetings to the needs and wants of the IDT and the needs of your offender
- Laughter is the best medicine!



Questions?

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